

# Health, Wellbeing & Community Support

Providing you information on university & community support available



# UQ Union – Community Support and Spaces

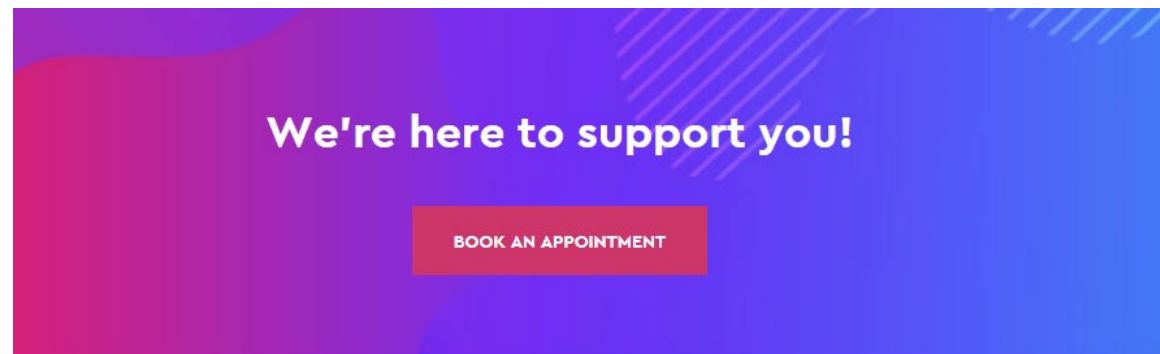
UQU can connect you with:

- Food services
- Centrelink help
- Emergency travel/phone cards

And connect you with other community services available to you when your usual ones have been impacted.

On Mondays and Tuesdays UQU offers free meals for students:

- Morning Marmalade and Kampus Kitchen programs.
- Other food support is offered throughout semester, including partnering with local businesses to distribute food and the UQU Food Co-op program will open by the end of semester 1, providing students with access to fresh and staple foods on campus.



<https://www.uqu.com.au/supporting-u>



# UQ Union – Community Support and Spaces

UQU operates several 24/7 spaces where students can relax and access support, including:

- Kingham room
- [Women's Room](#)
- And the soon opening [International Collective Room](#).

All three rooms are on:

Level 2 of the UQ Union building

Building 21C - near the RedRoom





# Health & Wellbeing

Local community hubs are able to provide support with your health and wellbeing:

## Find a Community Recovery hub location

The Community Recovery Hubs are now open for people affected by the [flooding in south-east Queensland](#).

### Brisbane

<a href="#">Bracken Ridge Community Recovery Hub</a>	▼
<a href="#">Moorooka Community Recovery Hub</a>	▼
<a href="#">South Brisbane - Pop-up Hub</a>	▼
<a href="#">Yeronga - Pop-up Hub</a>	▼
<a href="#">Zillmere - Pop-up Hub</a>	▼

Student Services can provide support health and wellbeing, including:

- Welfare
- Financial hardship
- Accommodation
- Crisis support
- International student support
- Academic accommodations
- Support with disability and inclusion

Visit us:

St Lucia – Student Central (building 42)

Gatton – Morrison Hall

Herston – Oral Health Centre



[student.services@uq.edu.au](mailto:student.services@uq.edu.au)



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